

Vita

Healthy Bar



MENU

BREAKFAST MENUS

BASIC BREAKFAST	
Coffee/Infusion + Toast of your choice (EVOO/Tomato)	3,6€
SANAX BREAKFAST	
Scrambled eggs with avocado + half a whole-wheat toast with tomato and extra virgin olive oil + coffee + orange juice	8€
VITA BREAKFAST	
Coffee + orange juice + toast of your choice..	6€

TOAST

Cereal bread, EVOO, cured ham, ricotta and roasted tomatoes	3,5€
Galician-style bread, labneh, smoked salmon and cilantro	3,5€
Galician-style bread, egan sobrasada, and Manchego cheese.	3,5€

CHOOSE YOUR BREAD

Seeded	0,6€
Galician-style bread	0,6€
Gluten-free	0,6€

CHOOSE YOUR BASE

EVOO and salt	0,5€
Grated natural tomato.	0,7€
Vegetable sobrassada.	1,5€
Eggplant Hummus, almond and sumac	1,8€
Avocado.	1,8€

CHOOSE YOUR TOPPING

Smoked salmon, lime and black sesame	
Manchego cheese	1,3€
100% natural turkey breast	1,2€
Scrambled eggs	1,2€
Canned omega 3 tuna	1,2€
Serrano ham	1,2€



BOWLS

PLAIN GREEK YOGURT	5,5€
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TOPPINGS:

Chopped fresh fruit
Peanut butter
Blueberries
Seed mix or granola
Nuts
Chocolate 70%

SANAX DISH OF THE DAY.

Contains carbohydrates, proteins, and vegetables.	9€
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SALDS

TERIYAKI BOLW	
Quinoa and basmati rice with teriyaki chicken, candied cherry tomatoes, and baby spinach	6,5€
ENSALADA CAPRESE	
Vegetable pasta with roasted tomato, pesto, spinach, and ricotta cheese	6,5€

PASTRY

Dots classic	1,30 €
Croissant	1,80 €
Napolitana chocolate	2,2 €
Ensaimada	2,2 €

FRESH FRUIT

Fresh season fruit	5€
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SANDWICHES

SPRING	6,5€
Seasoned lettuce, labneh, turkey breast	
GARDEN (VEGAN).	6€
Seasoned lettuce, eggplant hummus, roasted carrots	
CITRUS SALMON	6,5€
Seasoned lettuce, smoked salmon, avocado, candied Cherry tomato, lime and black sesame	
HAM WITH TOMATO	6€
Serrano ham with grated natural tomato	
TUNA WITH TOMATO	6€
Tuna with grated natural tomato	

COFFE

Expresso	1,8€
Doble Expresso.	3€
Americano	2€
Cortado	1,9€
Latte	2€
Capuchino	2,5€
Carajillo	3,5€
Milk	1,5€
Cocoa	2€
Hot chocolate	3€

Iced latte	3€
Mocha	2,5€
Espresso tonic	3,5€

WATER

Filtered water 0,5l	2€
Filtered water 1l.	3,5€
Font d’or 0,5l	2,5€
Font d’or 33 cl.	2€
Vichy catalan	2€

SMOOTHIE

Red Berries b2	5,5€
Caribbean passion b1	5,5€
Avocado mix	5,5€
Piña colada.	5,5€

Fresh orange juice (large)	5€
Fresh orange juice (small).	2€

KOMBUCHA

Ginger & lemon	3,50€
Green tea	3,50€
Red Berries	3,50€
Piña colada.	3,50€

SNACKS

Potato Chips	2€
Nut mix.	3,5€
Vegetable Chips.	3,5€
Real bites lentils tomato oregano	4€

TEA

Matcha late.	3€
Chai latte	3€
Iced matcha	3,5€
Chamomile	1,5€
Peppermint	1,5€
Rooibos	2€
Black tea	2€
Black tea with bergamot/Earl Grey	2€
Green tea	2€
Infusion with licor	3€

SOFT DRINKS

Coca cola	2,8€
normal or zero	
Schweppes	2,8€
ginger ale, tonic water or soda	
Royal bliss Tonic	2,8€
Aquarius.	2,8€
Orange or lemon	
Fanta	2,8€
Orange or lemon	
Sprite	2,8€
Tinto de verano gaseosa la casera	5€
Bitter kas	2,8€
Nestea	3€
La casera 50 cl.	2,8€
Ladrón de manzanas (apple cider)	4€
Red bull	4,5€

Minute maid	3€
Peach, pineapple or tomato	

BEER

1/3 Mahou 0,0 Tostada	2€
1/3 Mahou 5 Estrellas	3€
1/3 Mahou Radler	3€
1/3 Mahou Gluten-free	3€
1/3 Mahou Maestra	3€

WINE

White	3,5€
Red	3,5€
Rosé	3,5€
Cava (white or rosé)	3,5€
Martini bianco	5€
Martini rosso	5€
Aperol	7€

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